

God loves all people. So do we.



We are a community of faith seeking to provide nourishment for the hungers of life, and we welcome all persons, regardless of race, ethnic background, gender identity, sexual orientation, capability or circumstances of life. Welcome to White Bear Lake United Methodist Church.

Traditions worship

9am Service | Communion Sunday | February 2, 2020

HEARING ASSISTANCE AVAILABLE; PLEASE SEE USHERS | + PLEASE STAND AS YOU ARE ABLE

WORDS FOR MEDITATION
“Sometimes you can only find Heaven by slowly backing away from Hell.”

~ Carrie Fisher

PRELUDE “Joy & Elation” Cynthia Dobrinski
Alleluia Ringers

WELCOME

CALL TO WORSHIP “Cornerstone” Shawn Kirchner
Chancel Choir

+ OPENING WORDS (responsively)

God of love and healing accept our gratitude and praise for all the blessings of life.
Lord, hear our prayer.

Shed the light of your healing love on all who are sick in body, mind, or spirit, that they may find new wholeness illuminated by your grace.

Lord, hear our prayer.

Knit together in your love all whose relationships have frayed, that they may find reconciliation and new beginnings.

Lord, hear our prayer.

Bless all who work to improve the health of others, that they may bring hope, care, wisdom, and skill to all they serve.

Lord, hear our prayer.

Grant all who turn to you with the courage to participate in restoring this broken world to wholeness, that everyone and everything may share in the hope of your kingdom.

Lord, hear our prayer.

Gracious God, you are close to us no matter how far we feel from you.

Draw us into the very heart of your grace and help us to live into the truth that nothing in all creation can separate us from your love. Amen.

+ OPENING HYMN “Amazing Grace” No. 378

WBLUMC WEEKLY EVENTS

Sunday, Feb. 2: Bread pickup after both services

9am—Traditions worship; Sunday School & nursery
10am—Coffee, tea, treats in Fellowship Hall
10:10-10:25am—Children’s Choir rehearsal, room 205
10:45am—New Crossings worship; Sunday School & nursery

Monday, Feb. 3

10am—Hang Loose Women’s AI-Anon, room 206
3:30-5pm—UMW Board Meeting, room 200
6pm—Worship Committee meeting

Tuesday, Feb. 4

10:30am-noon—Staff meeting
6pm—YogaDevotion class, Fellowship Hall
6-8pm—Second Harvest Heartland, offsite

Wednesday, Feb. 5

6-7:15pm—Alleluia Ringers, sanctuary
6:30pm—Children & Youth activities
7:30-9pm—Chancel Choir rehearsal

Thursday, Feb. 6

7:10am—Men’s breakfast group, library
10am—Pages of Wisdom AA group, room 107

Friday, Feb. 7

No scheduled activities; office is closed.

Saturday, Feb. 8

7:30am—Men’s prayer group, room 107
9am—WBL Saturday morning women’s AA group, 107/206

Sunday, Feb. 9

9am—Traditions worship; Sunday School & nursery
10am—Coffee, tea, treats in Fellowship Hall
10am—Valentine bake sale
10:10-10:25am—Children’s Choir rehearsal, room 205
10:45am—New Crossings worship; Sunday School & nursery

Monday, Feb. 10

10am—Hang Loose Women’s AI-Anon, room 206
1-3pm—UMW Sarah Circle meeting, room 200

Tuesday, Feb. 11

6pm—YogaDevotion class, Fellowship Hall
7pm—Finance Committee meeting, room 200
7-9pm—Staff-Parish Relations Committee meeting, room 206

WHITE BEAR LAKE UNITED METHODIST CHURCH

Our mission is to make disciples of Jesus Christ for the transformation of the world.

Our vision is to provide nourishment for the hungers of life.

REGULAR CHURCH OFFICE HOURS

Sundays: 9am to 12pm; Mondays-Thursdays: 9am to 3pm; Fridays: Closed

SUNDAY BULLETIN/WEEKLY E-BLAST

Please email all pertinent information to office@wblumc.org by 1pm Tuesday for the Sunday bulletin and 10am Wednesday for the weekly e-blast. All information is subject to staff approval. Get sermon podcasts, 9am bulletin PDFs, calendar and programming information at wblumc.org.

WBLUMC STAFF

Bill Eaves , Senior Pastor bill.eaves@wblumc.org, 763-355-7825 mobile	John Koziol, Jr. Director of Music
John McBride , Associate Pastor	Gerald Gurss , Chancel Choir Director
Missie Aberle , Next Generation Minister	Patricia Kytola , Director of Operations
Lori McBride , Missions & Faith Development Minister	Lauri Hopple , Administrative Assistant
Joan Hartman , Director of Children & Family Ministries	Lori Hughes , Website & Social Media
Peteria Cochran Routt , Director of Traditional Music	Carol Houghtby , Treasurer
	Carolyn Keith , Financial Secretary

PRAYER AT WBLUMC

One way our church helps nourish and support the hungers of life is through prayer. If you have a special need or celebration that could use extra care, we invite you to partake in one of these prayer avenues. If your spirit has the need to support others through prayer, we invite you to join in one of the teams.

The Prayer Team: If you would like to request a prayer from this team, please write it on a prayer request card or email Dave Hegdahl at shegdahl2@comcast.net.

The Email Prayer Chain accepts requests by contacting a pastor or leader Ronda Nelson, rondalauva2@msn.com

WORSHIP NOTES

About the unison prayer:

The Serenity Prayer is the common name for a prayer written by the American theologian Reinhold Niebuhr, who used various versions of the prayer in sermons as early as 1934. The prayer spread rapidly, often without attribution to Niebuhr, through church groups in the 1930s and 1940s and was adopted and popularized by Alcoholics Anonymous and other twelve-step programs.

About the anthem:

Thomas A. Kempis (1380-1471) was a German-Dutch theologian of the late Medieval period. He is best known for his booklet of devotionals, *The Imitation of Christ*.

UNISON PRAYER

God, give us grace to accept with serenity the things that cannot be changed, Courage to change the things which should be changed, and the Wisdom to distinguish the one from the other.

Living one day at a time, enjoying one moment at a time, Accepting hardship as a pathway to peace, Taking, as Jesus did, this sinful world as it is, not as we would have it, Trusting that You will make all things right, If we surrender to Your will, so that we may be happy in this life, And supremely happy with You forever in the next. Amen.

ANTHEM

“Write Your Blessed Name, O Lord”
Chancel Choir

Music, Dale Grotenhuis
Lyrics, Thomas A. Kempis

CHILDREN'S MESSAGE

After the children's message, children and youth through 12th grade will leave for Sunday School.

MORNING PRAYER

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

SCRIPTURE

Psalm 23

Reader: Devon Sinclair

Nan Merrill, *Psalms for Praying: An Invitation to Wholeness*

O my Beloved, you are my shepherd, I shall not want;
You bring me to green pastures for rest and lead me beside still waters
renewing my spirit, You restore my soul.
You lead me in the path of goodness to follow Love's way.
Even though I walk through the valley of the shadow and of death,
I am not afraid; For You are ever with me;
Your rod and Your staff, they guide me, they give me strength and comfort.
You prepare a table before me in the presence of all my fears;
you bless me with oil, my cup overflows.
Surely goodness and mercy will follow me all the days of my life;
and I shall dwell in the heart of the Beloved forever.

RESPONSE TO THE WORD

Leader: For the word of God in Scripture,
for the word of God among us,
for the word of God within us.
All: **Thanks be to God.**

WORSHIP NOTES

About the hymn

This hymn is based on Psalm 32:7: “You are a hiding place for me; you preserve me from trouble; you surround me with glad cries of deliverance.”

MESSAGE

Elephants in the Room: Addiction

Pastor John McBride

+ HYMN

“You Are My Hiding Place”
Twice through

No. 2055

CONNECTION CARDS

“There is a Balm in Gilead”

PRAYER OF DEDICATION

OFFERING

“Ode to Joy”
Alleluia Ringers

Ludwig Van Beethoven
Arr. Andrew Duncan

SERVICE OF HOLY COMMUNION

THE GREAT THANKSGIVING

God is with us! **We are not alone!**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to God. **It is right to give our thanks and praise.**

COMMUNION PRAYER

GIVING OF THE BREAD AND CUP

We will receive communion by intinction — dipping the bread into the cup so as to take them together. Individual and gluten-free servings are available at the table. We serve communion at an open table — you are welcome to participate as you choose.

COMMUNION MUSIC

Piano improvisation

Luke Gion

PRAYER AFTER COMMUNION

Thank you, O Christ, for this feast of life.

We are fed by your love; we are strengthened by your life.

We are sent forth into this world to live into the visions

God has laid on our hearts.

We are now commissioned to feed as we have been fed,

forgive as we have been forgiven,

love as we have been loved.

Thanks be to God. Amen.

ANNOUNCEMENTS

+ BENEDICTION

+ POSTLUDE

“O God Beyond All Praising”

setting, Thaxted