

# God loves all people.

# So do we.

“And now these three remain: faith, hope and love.  
But the greatest of these is love.”  
1 Corinthians 13:13

**Prayer at WBLUMC:** One way our church helps nourish and support the hungers of life is through prayer. If you have a special need or celebration that could use extra care, we invite you to partake in one of these prayer avenues. If your spirit has the need to support others through prayer, we invite you to join in one of the teams.  
**The Prayer Team:** If you would like to request a prayer from this team, please write it on a prayer request card or email Dave Hegdahl at shegdahld2@comcast.net.  
**The Email Prayer Chain** accepts requests by contacting a pastor or emailing leader Ronda Nelson, rondalauva2@msn.com.



Welcome to White Bear Lake United Methodist Church.  
Embracing the example of Jesus, our welcome knows no boundaries of race, age, ethnicity, sexual orientation, gender identity, education, family status, religious background or physical or mental ability. If you are seeking God – or a deeper relationship with God – you are welcome here .

## 10am Worship ~ Communion Sunday, July 7, 2019

HEARING ASSISTANCE AVAILABLE; PLEASE SEE USHERS | • PLEASE STAND AS YOU ARE ABLE

### WORDS FOR REFLECTION

“We were promised sufferings. They were part of the program. We were even told, ‘Blessed are they that mourn,’ and I accept it. I’ve got nothing that I hadn’t bargained for. Of course it is different when the thing happens to oneself, not to others, and in reality, not imagination.”

~ C.S. Lewis

“Suffering, failure, loneliness, sorrow, discouragement, and death will be part of your journey, but the Kingdom of God will conquer all these horrors. No evil can resist grace forever.”

~ Brennan Manning

PRELUDE Patriotic Music Medley John Koziol  
WELCOME  
CALL TO WORSHIP “More Precious than Silver” with “Father, I Adore You” by Lynn DeShazo & Terrye Coehlo

+OPENING WORDS (responsively)

God is our refuge and strength,  
**always ready to help in times of trouble.**

So we will not fear, even if earthquakes come,  
**and the mountains crumble into the sea.**

Let the oceans roar and foam.  
**Let the mountains tremble as the waters surge!**

The Lord Almighty is here among us;  
**the God of Israel is our fortress.**

†OPENING HYMN

“Come, Thou Long Expected Jesus”

No. 196

UNISON PRAYER

**O God who makes all things new, speak to us as whole people today. May your truth touch not just our intellects, but also our deeper yearnings of heart and soul. We bring with us our daily concerns, as well as our more eternal questions. May your new creation in us shed light upon our everyday walk. Amen.**

ANTHEM

“God Who Made the World”

Words by Paul Williams

Music by Joseph Martin

CHILDREN'S MESSAGE

*After the children's message, children and youth may leave for Summer Sunday School.*

MORNING PRAYER

THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.**

SCRIPTURE

Habakkuk 3:17-19

Reader: Keith Dahlman

Even though the fig trees have no blossoms, and there are no grapes on the vines;  
even though the olive crop fails, and the fields lie empty and barren;  
even though the flocks die in the fields, and the cattle barns are empty,  
yet I will rejoice in the Lord! I will be joyful in the God of my salvation!  
The Sovereign Lord is my strength!  
He makes me as surefooted as a deer, able to tread upon the heights.

RESPONSE TO THE WORD

*Leader:* For the word of God in Scripture,  
for the word of God among us,  
for the word of God within us.  
**All: Thanks be to God.**

MESSAGE

Flavors of the Bible: Figs

Christina Johnson

†HYMN

“How Can I Keep From Singing”

No. 2212

1-3

CONNECTION CARDS

*Please take time now to fill out your green connection cards to help us track attendance. After the prayer of dedication, you may place them in the offering plates as they are passed to you.*

PRAYER OF DEDICATION

OFFERING

“You Are Mine”

David Haas

## SERVICE OF HOLY COMMUNION

INVITATION

THE GREAT THANKSGIVING

Among friends, gathered round a table, Jesus took bread, and, having blessed it.

He broke the bread and gave it to his disciples, saying, “This is my body which is given for you.”

In the same way he took wine and, having given thanks, he poured it out and gave the cup to his disciples, saying, “This cup is the new relationship with God, sealed with my blood. Take this and share it.”

Following now Jesus' example, we take this bread and this cup, the ordinary things of this world through which God will bless us. As Jesus offered thanks for the gifts of the earth, let us also celebrate God's goodness.

Blessed are you, O God, for you have brought forth bread from the earth.

**Blessed are you, O God, for you have created the fruit of the vine.**

In the beginning you watered the earth, that man and woman might have food and drink.

Here at your table you offer us this bread and cup for the journey, to nourish us as your daughters and sons.

**Lord Jesus Christ, present with us now, as we do here what you did in an upstairs room:  
Breathe your Spirit upon us and upon this bread and this cup, that they may be heaven's food  
and drink for us, renewing, sustaining and making us whole, loving and caring in the world.**

GIVING OF THE BREAD AND CUP

*We will receive communion by intinction — dipping the bread into the cup so as to take them together. Individual and gluten-free servings are available at the table. We serve communion at an open table — you are welcome to participate as you choose.*

COMMUNION MUSIC

“Shepherd Me, O God”

Marty Haugen

ANNOUNCEMENTS

†BENEDICTION

†POSTLUDE

“Tocatta Festive”

Dennis Janzer, 1954

**Our thanks to the musicians who led today's service:** Carrie Sinclair, Devon Sinclair, Stephanie Ondik, Peteria Cochran Routt and John Koziol.

## Stay connected with United Methodist e-newsletter

United Methodist Now: Inspiration for Daily Living is a biweekly e-blast for church members to highlight examples of Christian living, share inspirational messages, and focus on what it means to be part of our connection. If you'd like to sign up to receive it, go to [umc.org/what-we-believe/united-methodist-now-inspiration-for-daily-living](http://umc.org/what-we-believe/united-methodist-now-inspiration-for-daily-living).

### Sunday, July 7

10am—Worship, Sunday school & nursery  
11am—Coffee, tea, and treats in Fellowship Hall

### Monday, July 8

10-11am—Hang Loose Women's AI-Anon, room 206  
10am-noon—Program staff meeting, library  
1-3pm—UMW Sarah Circle meeting, room 200  
6-9pm—Bikes, Burgers & Beverages, offsite

### Tuesday, July 9

10:30am-noon—Staff meeting, room 206  
6pm—YogaDevotion, Fellowship Hall  
6:30pm—Trustees Committee meeting, church office  
7:30pm—Finance Committee meeting, room 200

### Wednesday, July 10

8:30am-4:30pm—Youth Summer Stretch, Grove UMC

### Thursday, July 11

7:10am—Men's Breakfast Group, library  
9am-3pm—The Gathering, room 200/Fellowship Hall  
9am-5:30pm—Big Waters Clergy meetings, prayer room  
10am—Pages of Wisdom AA, room 107  
1-3pm—Book club (outside group), library

### Friday, July 12

No scheduled; office closed on Fridays

### Saturday, July 13

7:30am—Men's Prayer Group, room 200  
10am—WBL Sat. Morning Women's Group, room 200/206

### Sunday, July 14

Summer Festival Camp at Gustavus Adolphus  
10am—Worship, Sunday school & nursery  
11am—Coffee, tea, and treats in Fellowship Hall

## "Songspiration"

Our latest hallway art exhibit includes quilts inspired by a song, songwriter or genre of music or anything related to music, created by members of Minnesota Contemporary Quilters. The quilts will hang at WBLUMC through July 21.

WHITE BEAR LAKE  
UNITED METHODIST CHURCH  
Our mission is to make disciples of Jesus Christ for the transformation of the world.  
Our vision is to provide nourishment for the hungers of life.

### REGULAR CHURCH OFFICE HOURS

Sunday	9am to 12pm
Monday-Thursday	9am to 3pm
Friday and Saturday	CLOSED

SUNDAY BULLETIN/WEEKLY E-BLAST  
Have a church-related event you'd like to appear in the Sunday bulletin or the weekly e-blast? Please email all pertinent information, including contact information, to [office@wblumc.org](mailto:office@wblumc.org) no later than **1pm Tuesday** for the bulletin and **10am Wednesday** for the e-blast. All information is subject to staff approval.

To receive the weekly email update — sent every Thursday — call the office at 651-429-9026, email your request to [office@wblumc.org](mailto:office@wblumc.org) or indicate it on a connection card.

Visit [wblumc.org](http://wblumc.org) for sermon podcasts, PDFs of the 9am bulletins, the church calendar and programming info.

### WBLUMC STAFF

**Bill Eaves**, Senior Pastor  
[bill.eaves@wblumc.org](mailto:bill.eaves@wblumc.org),  
763-355-7825 mobile

**John McBride**, Associate Pastor  
**Missie Aberle**, Next Generation Minister

**Lori McBride**, Missions & Faith Development Minister

**Joan Hartman**, Director of Children & Family Ministries

**Peteria Cochran Rountt**, Director of Traditional Music

**John Koziol, Jr.** Director of Music

**Gerald Gurs**, Chancel Choir Director

**Christina Johnson**, ministry intern  
**Patricia Kytola**, Director of Operations

**Lauri Hopple**, Administrative Assistant

**Lori Hughes**, Website & Social Media

**Carol Houghtby**, Treasurer

**Carolyn Keith**, Financial Secretary

## Food in the Bible

From the forbidden fruit in the Garden of Eden to the bread and wine of the Last Supper, food plays an important role in the Bible, as it does in our daily lives. Today we begin our series examining the foods and flavors of the Bible, the role they played in the ancient world, and how they connect to the life of faith, the building of Christian community, and the call to hospitality and to "nourishing the hungers of life."

Today | Flavors of the Bible: Figs

July 14 | Flavors of the Bible: Honey

July 21 | Flavors of the Bible: Mustard

July 28 | Flavors of the Bible: Manna



Join us for services outside on the north lawn. We'll feature Blessing of the Animals on Aug. 18.



Bring your cat, dog, hamster, goldfish, or whatever creature is a part of your life. We'll honor all of God's creation and offer a special blessing for your pet. (If your animal doesn't play well with others, you may use a carrier or bring a picture of your pet.)

## Summer fun



### Take me out to the ball game

Enjoy a night of baseball with your church friends on **Sunday, Aug. 11**, at 5:05pm at CHS Field in St. Paul's Lowertown. Infield tickets are \$12 — that's a \$6 savings! Tickets are limited; go to the children's webpage to purchase tickets, or go to [tinyurl.com/stpaulbaseball](http://tinyurl.com/stpaulbaseball). **Deadline is July 11!**

### Bikes, burgers & beverages

Our next summer bike ride will be **Monday, July 8**. Meet at 6pm at the parking lot of the Mahtomedi Sports Fields 7, 8, 9 and 10 off 75th Street. We'll ride the Gateway Trail for about an hour, then head to Roma in Mahtomedi for burgers and beverages. If you don't want to ride, you can still join us at Roma!. This will be a "no-drop" ride open to all levels, so no one will be left behind. RSVP by emailing [john.mcbride@wblumc.org](mailto:john.mcbride@wblumc.org).



### Save the date: Aug. 24 | "Joshua, Judges and Jesus"

Join us for a group tour to see the "Joshua, Judges, and Jesus" exhibit at the University of Northwestern in Roseville on **Saturday, Aug. 24**, at 11 am. The 45-minute tour is free but an RSVP is required. Lunch afterward. Look for sign-up sheets at WBLUMC later this summer. Get more information at [unwsp.edu/archaeological-exhibit](http://unwsp.edu/archaeological-exhibit).

## Summer Pizza Picnic returns



### Featuring music by Joe Cruz & Jennifer Grimm

Bring your friends and family to hear local musical favorites Joe Cruz and Jennifer Grimm while enjoying pizza fresh from the brick oven. Summer Pizza Picnic returns on **Tuesday, July 16**, 5:30-7:30pm. This is a free, family-friendly community event, all are welcome!

### WBLUMC Golf groups

**Women:** Join us at Castlewood Golf in Forest Lake on **Wednesday, July 10**; cost is \$16/\$12 seniors. To



play, email Mary Cripe at [suzary006@comcast.net](mailto:suzary006@comcast.net).

**Men:** All are welcome to join us on Thursday afternoons. Call or text Paul Steffek at 920-493-2657 or email him at [pncsteff@aol.com](mailto:pncsteff@aol.com) for details.

### Bread class with Bryce & Ross: Fruit to nuts

Learn how to add flavor to your breads with fruits and nuts with master bakers Bryce Johnson and Ross Safford, 6-9pm on **Thursday, Aug. 8**, at WBLUMC. We'll make *pain au levain* with raisins and walnuts, plus grape focaccia, baked in the church's wood-fired brick oven. Get your hands messy, laugh a lot and learn much. Take home some of each. Limited to 14 people; register by July 31 at [companionbreads.com/bread-classes](http://companionbreads.com/bread-classes). Cost is \$40/person; \$10/child (10 years and older) accompanied by a paid parent or grandparent. *One child per family please. The website will not let you sign up a child at the discounted rate, so sign up as an adult and inform Bryce that your child will join you.*

### Youth update: Summer Festival Camp coming up

Summer camps are a big deal! The experience can help students connect with the body of Christ, as well as serve as a life-changing experience in their walk with Jesus. As a church we'll be at Summer Festival Camp at Gustavus Adolphus from July 14 to July 17 with students who have finished 6th-9th grade. Wish them the best on this physical and spiritual adventure!