

# God loves all people. So do we.

“And now these three remain: faith, hope and love.  
But the greatest of these is love.”  
1 Corinthians 13:13

**Prayer at WBLUMC:** One way our church helps nourish and support the hungers of life is through prayer. If you have a special need or celebration that could use extra care, we invite you to partake in one of these prayer avenues. If your spirit has the need to support others through prayer, we invite you to join in one of the teams.  
**The Prayer Team:** If you would like to request a prayer from this team, please write it on a prayer request card or email Dave Hegdahl at shegdahld2@comcast.net.  
**The Email Prayer Chain** accepts requests by contacting a pastor or emailing leader Ronda Nelson, rondalauva2@msn.com.

White Bear Lake United Methodist Church is a community like no other. We are people striving to walk in the path of Jesus. Though we are unified in our mission, we are diverse in our thoughts, beliefs, and actions. As a practice, we believe religion and faith are a dialogue, not a dictate. We are a community of faith seeking to “provide nourishment for the hungers of life,” and we welcome all persons, regardless of race, ethnic background, gender identity, sexual orientation, capability or circumstances of life.

## 10am Worship ~ Sunday, July 21, 2019

HEARING ASSISTANCE AVAILABLE; PLEASE SEE USHERS | • PLEASE STAND AS YOU ARE ABLE

### WORDS FOR REFLECTION

“Have enough courage to trust love one more time and always one more time.”

~ Maya Angelou

“Never be afraid to trust an unknown future to a known God.”

~ Corrie ten Boom

PRELUDE

“Back To God”  
Jess Chau, vocals

by Reba McEntire

WELCOME

CALL TO WORSHIP

“Taste and See”

†OPENING WORDS (responsively)

Welcome, to this holy day.

**We come to offer thanks; we come to sing and pray.**

When we think of God’s presence in the world, we are grateful:

**Grateful for the presence of hope; grateful for the gift of life.**

When we think of God’s presence in our lives, we are humbled:

**Humbled by the gift of grace; humbled by the invitation to begin again.**

When we think of God’s unconditional love for all of creation, we are trusting:

**Trusting God’s guidance; trusting God will lead us, hand in hand.**

When we think of God’s presence in this community, we are glad:

**Glad to be surrounded by so many praising our loving God.**

Welcome, to this holy day.

**Let us sing, let us pray, Let us worship God together.**

+OPENING HYMN

“Gather Us In”

No. 2236

MESSAGE

Flavors of the Bible: Mustard

Pastor John McBride

UNISON PRAYER

**When we look at the beauty of your creation;**

**We are in awe of your mighty and majestic ways.**

**Creating God, we believe that you created the mountains;**

**Help us to trust that you can move them as well.**

**When we see the works of your hand;**

**We are overwhelmed by your love.**

**Loving God, we believe that you have called each of us by name;**

**Help us to trust that you will make us whole. Amen.**

ANTHEM

“Trust In You”

Jess Chau, vocals

by Lauren Daigle

ANTHEM

“Be Still, and Know”

Jess Chau, vocals

Stephen Curtis Chapman

+HYMN

“Be Still, My Soul”

No. 534

CONNECTION CARDS

*Please take time now to fill out your green connection cards to help us track attendance. After the prayer of dedication, you may place them in the offering plates as they are passed to you.*

PRAYER OF DEDICATION

OFFERING

“Bring on the Rain”

Jess Chau, vocals

Jo Dee Messina

ANNOUNCEMENTS

+CLOSING HYMN

“I Walk By Faith”

by Chris Falson

MORNING PRAYER

THE LORD’S PRAYER

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.**

SCRIPTURE

Matthew 17:14-20

Reader: Kevin Merkle

When they came to the crowd, a man came to him, knelt before him, and said, “Lord, have mercy on my son, for he is an epileptic and he suffers terribly; he often falls into the fire and often into the water. And I brought him to your disciples, but they could not cure him.” Jesus answered, “You faithless and perverse generation, how much longer must I be with you? How much longer must I put up with you? Bring him here to me.” And Jesus rebuked the demon, and it came out of him, and the boy was cured instantly. Then the disciples came to Jesus privately and said, “Why could we not cast it out?” He said to them, “Because of your little faith. For truly I tell you, if you have faith the size of a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you.”

RESPONSE TO THE WORD

*Leader:* For the word of God in Scripture,  
for the word of God among us,  
for the word of God within us.

*All:* **Thanks be to God.**

**Chorus**

I walk, by faith.

Each step, by faith.

To live, by faith.

I put my trust in You!

*(repeat)*

**Verse**

Every step I take, is a step of faith.

No weapon formed against me,

shall prosper.

And every prayer I make,

is a prayer of faith.

If my God is for me,

who can be against me?

*(Repeat chorus, verse and chorus.)*

+BENEDICTION

+POSTLUDE

**Today’s musicians:** Jess Chau, vocals; John Koziol, piano

**Sound technician:** Bernie Kaeflerlein

**PowerPoint presenter:** Mary Hullsiek

## Send summer photos!

Once again, visual artist Mary Ellen Calderwood will collect photos that represent your summer and hang them in the church halls starting after the quilts come down. Email images ASAP to [medecalderwood@aol.com](mailto:medecalderwood@aol.com).

## Micah Messenger

The first edition of a new mission newsletter, *Micah Messenger*, has been mailed to most households on the church active mailing list. If you didn't receive a mailed newsletter and would like one, please contact Lori McBride, minister of missions and faith development. You may also find it at [wblumc.org/resources/recent-publications](http://wblumc.org/resources/recent-publications), or stop by the Welcome Desk to pick up a printed copy next time you're at church. Direct any comments or questions to Lori.

### Sunday, July 21

10am—Worship, Sunday school & nursery  
11am—Coffee, tea, and treats in Fellowship Hall

### Monday, July 22

10-11am—Hang Loose Women's AI-Anon, room 206  
6-9pm—Bikes, Burgers & Beverages, offsite

### Tuesday, July 23

6pm—YogaDevotion, Fellowship Hall

### Wednesday, July 24

8:30am-4:30pm—Youth Summer Stretch, Grove UMC  
9am-2pm—PEO women's group + lunch, 200/Fellowship

### Thursday, July 25

7:10am—Men's Breakfast Group, library  
10am—Pages of Wisdom AA, room 107

### Friday, July 26

Office closed on Fridays

### Saturday, July 27

7:30am—Men's Prayer Group, room 200  
10am—WBL Sat. Morning Women's Group, room 200/206

### Sunday, July 28

Good Earth Village camp  
10am—Worship, Sunday school & nursery  
11am—Coffee, tea, and treats in Fellowship Hall

### Monday, July 29

Good Earth Village camp  
10-11am—Hang Loose Women's AI-Anon, room 206

### Tuesday, July 30

Good Earth Village camp  
6pm—YogaDevotion, Fellowship Hall

### Wednesday, July 31

Good Earth Village camp  
8:30am-4:30pm—Youth Summer Stretch, Grove UMC

## WHITE BEAR LAKE UNITED METHODIST CHURCH

**Our mission** is to make disciples of Jesus Christ  
for the transformation of the world.

**Our vision** is to provide nourishment  
for the hungers of life.

### REGULAR CHURCH OFFICE HOURS

<b>Sunday</b>	9am to 12pm
<b>Monday-Thursday</b>	9am to 3pm
<b>Friday and Saturday</b>	CLOSED

### SUNDAY BULLETIN/WEEKLY E-BLAST

**Have a church-related event you'd like to appear in the Sunday bulletin or the weekly e-blast?** Please email all pertinent information, including contact information, to [office@wblumc.org](mailto:office@wblumc.org) no later than **1pm Tuesday** for the bulletin and **10am Wednesday** for the e-blast. All information is subject to staff approval.

To receive the weekly email update — sent every Thursday — call the office at 651-429-9026, email your request to [office@wblumc.org](mailto:office@wblumc.org) or indicate it on a connection card.

Visit [wblumc.org](http://wblumc.org) for sermon podcasts, PDFs of the 9am bulletins, the church calendar and programming info.

### WBLUMC STAFF

**Bill Eaves**, Senior Pastor  
[bill.eaves@wblumc.org](mailto:bill.eaves@wblumc.org),  
763-355-7825 mobile

**John McBride**, Associate Pastor  
**Missie Aberle**, Next Generation  
Minister

**Lori McBride**, Missions & Faith  
Development Minister

**Joan Hartman**, Director of  
Children & Family Ministries

**Peteria Cochran Rutt**, Director  
of Traditional Music

**John Koziol, Jr.** Director of Music  
**Gerald Gurs**, Chancel Choir  
Director

**Patricia Kytola**, Director of  
Operations

**Lauri Hopple**, Administrative  
Assistant

**Lori Hughes**, Website & Social  
Media

**Carol Houghtby**, Treasurer

**Carolyn Keith**, Financial Secretary

# Flavors of the Bible

**From the forbidden fruit in the Garden of Eden to the bread and wine of the Last Supper, food plays an important role in the Bible, as it does in our daily lives. Today we end our examination of the foods and flavors of the Bible, the role they played in the ancient world, and how they connect to the life of faith, the building of Christian community, and the call to hospitality and to "nourishing the hungers of life."**

**Today |** Flavors of the Bible: Mustard



## Starting July 28: Gospel in Children's Stories



**Join us for services outside on the north lawn.** We'll feature Blessing of the Animals on Aug. 18.



Bring your cat, dog, hamster, goldfish, or whatever creature is a part of your life. We'll honor all of God's creation and offer a special blessing for your pet. (If your animal doesn't play well with others, you may use a carrier or bring a picture of your pet.)

# Getting out and about

## Bikes, burgers & beverages

Our next summer bike rides will be **Monday, July 22 and Aug. 5**. Meet at 6pm at the parking lot of the Mahtomedi Sports Fields 7, 8, 9 and 10 off 75th Street. We'll ride the Gateway Trail for about an hour, then head to Roma in Mahtomedi for burgers and beverages. If you don't want to ride, you can still join us at Roma! This will be a "no-drop" ride open to all levels, so no one will be left behind. RSVP by emailing [john.mcbride@wblumc.org](mailto:john.mcbride@wblumc.org).



## Save the date for the next pizza night

Thanks to all the volunteers, participants and guests who made last week's Summer Pizza Picnic a blast, despite the heat. We set new attendance and donation records! The next pizza night will be **Wednesday, Aug. 21**, 5:30-7:30pm. If you'd like to volunteer to help with the August event, contact Glenn Oliphant at [golipha@gmail.com](mailto:golipha@gmail.com).

*Photo courtesy of Billy Grant.*



## Sign up now for "Joshua, Judges and Jesus"

Join us for a group tour to see the "Joshua, Judges, and Jesus" exhibit at the University of Northwestern in Roseville on **Saturday, Aug. 24**, at 11 am. The 45-minute tour is free but an RSVP is required. Lunch afterward. Get more information at [unwsp.edu/archaeological-exhibit](http://unwsp.edu/archaeological-exhibit). **Sign-up sheet is now available in the narthex.**

# Upcoming mission opportunities

## LEARN: "Bridging 101 Tour"

Would you like to know more about the people Bridging serves and how they furnish homes with hope? Find out more during a 30-minute tour of the Roseville warehouse at 1730 Terrace Drive. Sign-up sheets are now available for **Tuesday, July 30** at 4pm or **Wednesday, Aug. 7** at 4:30pm.

## SERVE: Second Harvest Heartland Food Packing

Second Harvest distributes boxes of groceries each month to over 9,000 low-income seniors providing an important supplemental resource to Minnesotans struggling to attain sufficient amounts of nutritious food. Volunteers pack the boxes with nutritious items on an assembly line. Our service opportunities are all scheduled at the East Metro warehouse at 1140 Gervais Ave. in Maplewood. Sign-up sheet is available now for **Tuesday, Aug. 27, 5:30-7:30pm**, for 12 people. Next dates will be Oct. 19 and Dec. 19.

## UMCOR Sager Brown Depot mission trip

Escape the Minnesota winter and help people in need at the Sager Brown Depot in Baldwin, La., about two hours west of New Orleans. The campus includes dormitories, a cafeteria, RV hook-ups, a community garden, and the depot.

You can choose to work in the depot (packing and verifying cleaning buckets and hygiene kits), work off-campus in minor home repair, at a thrift store, visiting senior housing, or a combination. Evenings are for relaxation, a campfire, and a closing worship service. Nearby attractions include Avery Island, Cajun and Creole Museums, the Whitney Plantation, and the WWII Museum in New Orleans. Learn more at [sagerbrown.org](http://sagerbrown.org).

Spaces have been reserved by the Minnesota Annual Conference for two weeks in January 2020: **Jan. 12-17 and Jan. 19-24**.

The cost is \$250 per person per week for dormitory housing and food. You can elect to stay one or two weeks. You are responsible for your own transportation to and from Baldwin.

Register at <https://mnumc-reg.brapp.com/Sagerbrown>. There will be an orientation session in early fall.

## Puerto Rico Hurricane Recovery mission trip

On Sept. 20, 2017, Hurricane Maria slammed into the island of Puerto Rico as a Category 5 storm. In the weeks and months following the storm, Puerto Rico experienced shortages of water and food. There was no electricity, no phone lines, no cell phone or internet capabilities. Emergency response services were crippled, and the medical system collapsed.

The United Methodist Church and United Methodist Committee on Relief partnered with the Methodist Church of Puerto Rico to create the Rehace (pronounced Re-ah-se) initiative. In post-Maria Puerto Rico, Rehace is tasked with reconstructing homes; even more importantly, it helps families get through the psychological effects of surviving a devastating natural disaster.

Christine Stepan has been in contact with the Rehace leader for Puerto Rico, and dates for a team have been confirmed for **Saturday, Feb. 1, to Saturday, Feb. 8, 2020**.

If you are interested in finding out more about joining a mission trip to Puerto Rico, please email Christine at [stepanchristine@yahoo.com](mailto:stepanchristine@yahoo.com).

## WBLUMC Golf groups

**Women:** Manitou Ridge in White Bear Lake on **Wednesday, July 24**; \$22.50/\$16 seniors. To play, email Mary Cripe at [suzary006@comcast.net](mailto:suzary006@comcast.net).



**Men:** All are welcome to join us on Thursday afternoons. Call or text Paul Steffek at 920-493-2657 or email him at [pnctesteff@aol.com](mailto:pnctesteff@aol.com).

## Bread class with Bryce & Ross

Learn how to add flavor to your breads with fruits and nuts with master bakers Bryce Johnson and Ross Safford, 6-9pm on **Thursday, Aug. 8**, at WBLUMC. We'll make *pain au levain* with raisins and walnuts, plus grape focaccia, baked in the church's wood-fired brick oven. Limited to 14 people; **register by July 31** at [companionbreads.com/bread-classes](http://companionbreads.com/bread-classes). Cost is \$40/person; \$10/child (10 years and older) accompanied by a paid parent or grandparent.