

# God loves all people. So do we.



We are a community of faith seeking to provide nourishment for the hungers of life, and we welcome all persons, regardless of race, ethnic background, gender identity, sexual orientation, capability or circumstances of life. Welcome to White Bear Lake United Methodist Church.

## Traditions

gam Worship | Communion Sunday | January 5, 2020

HEARING ASSISTANCE AVAILABLE; PLEASE SEE USHERS | + PLEASE STAND AS YOU ARE ABLE

WHITE BEAR LAKE  
UNITED METHODIST CHURCH

**Our mission** is to make disciples of Jesus Christ for the transformation of the world.

**Our vision** is to provide nourishment for the hungers of life.

REGULAR CHURCH OFFICE HOURS

Sundays 9am to 12pm; Mondays-Thursdays 9am to 3pm

SUNDAY BULLETIN/WEEKLY E-BLAST

Please email all pertinent information to [office@wblumc.org](mailto:office@wblumc.org) by **1pm Tuesday** for the Sunday bulletin and **10am Wednesday** for the weekly e-blast. All information is subject to staff approval.

Get sermon podcasts, 9am bulletin PDFs, calendar and programming information at [wblumc.org](http://wblumc.org).

### WBLUMC STAFF

<b>Bill Eaves</b> , Senior Pastor <a href="mailto:bill.eaves@wblumc.org">bill.eaves@wblumc.org</a> , 763-355-7825 mobile	<b>John Koziol, Jr.</b> , Director of Music
<b>John McBride</b> , Associate Pastor	<b>Gerald Gurs</b> , Chancel Choir Director
<b>Missie Aberle</b> , Next Generation Minister	<b>Patricia Kytola</b> , Director of Operations
<b>Lori McBride</b> , Missions & Faith Development Minister	<b>Lauri Hopp</b> , Administrative Assistant
<b>Joan Hartman</b> , Director of Children & Family Ministries	<b>Lori Hughes</b> , Website & Social Media
<b>Peteria Cochran Rountt</b> , Director of Traditional Music	<b>Carol Houghtby</b> , Treasurer
	<b>Carolyn Keith</b> , Financial Secretary

### PRAYER AT WBLUMC

One way our church helps nourish and support the hungers of life is through prayer. If you have a special need or celebration that could use extra care, we invite you to partake in one of these prayer avenues. If your spirit has the need to support others through prayer, we invite you to join in one of the teams.

**The Prayer Team:** If you would like to request a prayer from this team, please write it on a prayer request card or email Dave Hegdahl at [shegdahl2@comcast.net](mailto:shegdahl2@comcast.net).

**The Email Prayer Chain** accepts requests by contacting a pastor or leader Ronda Nelson, [rondalauva2@msn.com](mailto:rondalauva2@msn.com)

### WBLUMC WEEKLY EVENTS

#### Sunday, Jan. 5, 2020: Bread pickup after both services

9am—Traditions worship; Sunday School & nursery  
10am—Coffee, tea, treats in Fellowship Hall  
10:10-10:25am—Children’s Choir rehearsal, room 205  
10:45am—New Crossings worship; Sunday School & nursery

#### Monday, Jan. 6

10am—Hang Loose Women’s AI-Anon, room 206  
3:30-5pm—UMW Board meeting, room 200  
6pm—Worship Committee meeting, library

#### Tuesday, Jan. 7

10:30am-noon—Staff meeting, room 206  
6-8pm—Ministry Leaders meeting, room 200  
6-7pm—YogaDevotion class, Fellowship Hall

#### Wednesday, Jan. 8

9:45am-noon—UMW Dorcas Circle meeting, room 200  
6-7:15pm—Alleluia Ringers, sanctuary  
6-6:30pm—Tween/Teen Choir rehearsal, room 205  
6:30pm—Children & Youth activities  
7:30-9pm—Chancel Choir rehearsal

#### Thursday, Jan. 9

7:10am—Men’s breakfast group, library  
9am-3pm—The Gathering, room 200 & Fellowship Hall  
10am—Pages of Wisdom AA group, room 107  
1-3pm—Outside book club, library

#### Saturday, Jan. 11

7:30am—Men’s prayer group, room 107  
9am—WBL Saturday morning women’s AA group, 107/206  
9:30am-noon—YearCompass session, room 200

#### Sunday, Jan. 12

9am—Traditions worship; Sunday School & nursery  
10am—Coffee, tea, treats in Fellowship Hall  
10-10:40am—All-church charge conference, room 200  
10:10-10:25am—Children’s Choir rehearsal, room 205  
10:45am—New Crossings worship; Sunday School & nursery

#### Monday, Jan. 13

10am—Hang Loose Women’s AI-Anon, room 206

#### Tuesday, Jan. 14

6-7pm—YogaDevotion class, Fellowship Hall  
6:30pm—Trustees meeting, office  
7pm—Finance Committee meeting, room 200  
7-9pm—Staff-Parish Relations Committee, room 206

WORDS FOR MEDITATION  
“If anything is sacred, the human body is sacred.”

~ Walt Whitman

“It’s in our biology to trust what we see with our eyes. This makes living in a carefully edited, overproduced and photoshopped world very dangerous.”

~ Brené Brown

### WORSHIP NOTES

**The Opening Words** are from a hymn by Brian Wren, a contemporary British hymn writer. It uses images from Genesis 1:31 and John 1:14. An ancient misdiagnosis of the human condition sees the human body as unclean and shameful. This hymn celebrates the logical consequences of believing that the Word of God was revealed in human flesh.

PRELUDE “You Are Mine” by David Haas

WELCOME

CALL TO WORSHIP “In Christ There Is a Table Set for All” by Robert Stamps

+ OPENING WORDS (responsively)  
Good is the flesh that the Word has become, good is the birthing, the milk in the breast, good is the feeding, caressing and rest, good is the body for knowing the world, **Good is the flesh that the Word has become.**

Good is the body for knowing the world, sensing the sunlight, the tug of the ground, feeling, perceiving, within and around, good is the body, from cradle to grave, **Good is the body for knowing the world.**

Good is the body, from cradle to grave, growing and aging, arousing, impaired, happy in clothing, or lovingly bared, good is the pleasure of God in our flesh, **Good is the body from cradle to grave.**

Good is the pleasure of God in our flesh, longing in all, as in Jesus, to dwell, glad of embracing, and tasting, and smell, good is the body, for good and for God, **Good is the pleasure of God in our flesh.**

WORSHIP  
NOTES

**About the Opening Hymn**

Charles Dickens' *Christmas Carol* and Hallmark movies may condition us to view Christmas sentimentally. Shirley Murray, author of *Star-Child*, said: "While I do not wish to play Scrooge during this season of wonder and hope, our songs should include those that remind us that there are many among us for whom the joy of Christmas has never been experienced."

**About the sermon series**

Our current sermon series takes on the topics most people seem to avoid talking about – the "elephants," the things that cast shadows over our lives, consume our attention, threaten us, or cause us to turn away in embarrassment. In the coming weeks, we look at nationalism, debt, addiction, violence, and death.

+ OPENING HYMN

"Star-Child"

No. 2095

UNISON PRAYER

**God of our origins, you have created us and called us good.  
By your hands we are fearfully and wonderfully knit together  
in our mothers' wombs.  
Come and breathe new life within all who are gathered together  
this morning. Fill us with your life-giving Spirit.  
Recreate us anew in your divine image that our lives may continue  
to reflect your glory. In the name of Christ we pray. Amen.**

CHILDREN'S MESSAGE

*After the children's message, children and youth through 12th grade will leave for Sunday School.*

MORNING PRAYER

THE LORD'S PRAYER

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come,  
thy will be done on earth as it is in heaven. Give us this day our daily bread.  
And forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom and the power and the glory, forever. Amen.**

SCRIPTURE

Colossians 3:1-4

Reader: Keith Dahlman

So if you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory.

RESPONSE TO THE WORD

*Leader:* For the word of God in Scripture,  
for the word of God among us,  
for the word of God within us.  
**All: Thanks be to God.**

MESSAGE

Elephants in the Room: Pornography

Pastor Bill Eaves

+ HYMN

"Cares Chorus"

No. 2215

WORSHIP  
NOTES

**About the Communion Music**

Buryl Red's pioneering compositions changed church music for Southern Baptists and influenced many other evangelical groups. He is considered by many to be the Baptist composer who paved the way for Chris Tomlin and modern worship.

CONNECTION CARDS

PRAYER OF DEDICATION

OFFERING

"Prayer"

by Michael Larkin

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## SERVICE OF HOLY COMMUNION

THE GREAT THANKSGIVING

God is with us! **We are not alone!**  
Lift up your hearts. **We lift them up to God.**  
Let us give thanks to God. **It is right to give our thanks and praise.**

COMMUNION PRAYER

GIVING OF THE BREAD AND CUP

*We will receive communion by intinction — dipping the bread into the cup so as to take them together. Individual and gluten-free servings are available at the table. We serve communion at an open table — you are welcome to participate as you choose.*

COMMUNION MUSIC

"In Remembrance of Me"

by Buryl Red

PRAYER AFTER COMMUNION

**Thank you, O Christ, for this feast of life.  
We are fed by your love; we are strengthened by your life.  
We are sent forth into this world to live into the visions  
God has laid on our hearts.  
We are now commissioned to feed as we have been fed,  
forgive as we have been forgiven,  
love as we have been loved.  
Thanks be to God. Amen.**

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ANNOUNCEMENTS

+ BENEDICTION

+ POSTLUDE