

Remembering what is written

To lend is a word that means to allow, to offer, to grant what you possess.

Cynthia Remaskos penned: “Lent is a time of year to remember that God has seen fit to make us, not airy spirits, but embodied human beings living in a beautiful and material world.

“The soul fills the body...what the body learns, the soul absorbs as well.”

Worth is a funny thing. There are times when we look at ourselves like the barren room left over from a childhood. It is an absent place that once held laughter, a collection of childish belongings and quirky memories that filled out and created the shape of our formative years. Conceivably, might there be an unexpected, empty place that is fearsome to reframe? It’s a vacancy that once was filled, but now has lost its stuffing and purpose. Perhaps you have lost your stuffing, a significant human connection that affirmed you, or maybe you’ve forgotten what has been written about you. Lent may be just the time to see your form more clearly and read what is written.

Did you ever think that you are ordained? Listen: *“I praise you because I am fearfully and wonderfully made; your works are wonderful. My soul knows that well. My frame was not hidden from you...Your eyes saw my unformed body; all the days ordained for me were written in your book, before one of them came to be.”*

~ Psalm 139:14-16

“Ordain” is usually a special word reserved in respect and honor for clergy who serve pastorally. This is a right and just honor, to be certain. This Psalm, however, is for and about everyone. Typically we read through these verses and imagine a scripted,

puppeteer-like God, but being ordained is not the Sacred Creator preplanning each day. Think BIGGER as in the vastness of a kindred Spirit — a God seeking an unceasing eternal connection with you. “Ordain” comes from the Latin root “ordo” meaning to anoint, to give rank or to give you prominence. Furthermore, its Hebrew roots suggest to be ordained is to rely on and to be given holy orders. You see the room of your being is holy and set apart for prominence before one sun came and set. We each have holy orders to be in sync and in service to move toward one another and what is God’s.

Frederick Buechner suggests: “The time is ripe for looking back over the day, the week, the year, and trying to figure out where we have come from and where we are going to, for sifting through the things we have done and the things we have left undone.” Bechner describes this as a turning toward God, “for a clue to who we are and who, for better or worse we are becoming ...”

He continues: “But there is a deeper need yet ... that is the need — not all the time, surely, but from time to time — to enter that still room within us ... where we are most alive to the turnings ... that our journeys have brought us.”

Buechner concludes, “The name of the room is Remember — the room where with patience, with charity, with quietness of heart, we remember consciously ... the lives we live.”

Lent is a roomy space to remember your days are ordained and though they may wobble, they’re quite wonderfully made. Amen.

~ J. Jacot

Prayer at WBLUMC: One way our church helps nourish and support the hungers of life is through prayer. If you have a special need or celebration that could use extra care, we invite you to partake in one of these prayer avenues. If your spirit has the need to support others through prayer, we invite you to join in one of the teams. **The Prayer Team:** If you would like to request a prayer from this team, please write it on a prayer request card or contact Julie Jacot at 651-777-3728 or ljacot@q.com. **The Email Prayer Chain** accepts requests by contacting a pastor or leader Ronda Nelson, rondalauva2@msn.com.



White Bear Lake
UNITED METHODIST CHURCH
NOURISHING THE HUNGERS OF LIFE

We are a community of faith seeking to “provide nourishment for the hungers of life,” and we welcome all persons, regardless of race, ethnic background, gender identity, sexual orientation, capability or circumstances of life.

Welcome to White Bear Lake United Methodist Church.

I am Worship ~ UMW Sunday, March 17, 2019

HEARING ASSISTANCE AVAILABLE; PLEASE SEE USHERS • PLEASE STAND AS YOU ARE ABLE

WORDS FOR REFLECTION

“We are not alone; beyond the differences that separate us, we share one common humanity and thus belong to each other. The mystery of life is that we discover this human togetherness not when we are powerful and strong, but when we are vulnerable and weak.”

~ Henri Nouwen

PRELUDE	“God’s Own Fool” “Have I Told You, Lately?” Dane and Kris Stauffer, vocals	by Michael Card by Van Morrison
WELCOME & CHILDREN’S TIME		
CALL TO WORSHIP	“He Looked Beyond My Faults” Dane and Kris Stauffer, vocals	Traditional
+OPENING WORDS (responsively) The lighting of a day is a sign to us of God’s unfailing love and care. The candles on the altar is a sign of courage and strength in the face of fear. As we gather, may we bring to awareness the fears we experience – the fear of intimacy, of change, of the unknown, of failure, and of losing control. May the light of Christ disarm and dispel our fears. As we gather, may we calm our hearts and minds and be open to the presence of God. May the light of Christ bring peace.		
+OPENING HYMN	“Morning Has Broken”	No. 145

UNISON PRAYER

Loving God, give us the courage today to live real, authentic lives — lives that flow directly from you and what you are doing deep in our hearts and souls. Give us the courage to be open and vulnerable with each other and with you. Tear down our defenses, and enable us to put ourselves where love, truth, and hope are urgently needed. Give us the courage to live for your kingdom rather than our own, in the name of Jesus Christ. Amen.

ANTHEM	“Jesus Keep Me Near the Cross” Bell Quartet	Michael Keller
--------	--	----------------

MORNING PRAYER

LORD’S PRAYER

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

SCRIPTURE	Luke 9:26-38	Reader: Jeff Lantto
-----------	--------------	---------------------

Now about eight days after these sayings Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, “Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah” — not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, “This is my Son, my Chosen; listen to him!” When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

RESPONSE TO THE WORD

Leader: For the word of God in Scripture,
for the word of God among us,
for the word of God within us.
All: Thanks be to God.

MESSAGE	Seven Deadly Fears: Fear of Intimacy	Pastor Bill Eaves
---------	--------------------------------------	-------------------

+HYMN	“Be Thou My Vision”	No. 451
-------	---------------------	---------

CONNECTION CARDS

Please take time now to fill out your green connection cards to help us track attendance. After the prayer of dedication, you may place them in the offering plates as they are passed to you.

PRAYER OF DEDICATION

OFFERING	“Love Never Fails” Chancel Choir	J.A.C. Redford
----------	-------------------------------------	----------------

ANNOUNCEMENTS

+CLOSING HYMN	“Sent Forth By God’s Blessing”	No. 664
---------------	--------------------------------	---------

+BENEDICTION	“An Irish Blessing”
--------------	---------------------

+POSTLUDE

LENTEN HYMN SING

We’ll join our voices for a Lenten hymn sing on Sunday, March 31, at both services.

Today and next Sunday, please fill out a blue hymn request card to help the music staff plan. Thank you!

SUNDAY VOLUNTEER OPPORTUNITIES

Sunday hosts: Part of being a welcoming church involves giving our visitors a loaf of bread and helping to introduce them to what our church has to offer. The host position was created to be that friendly face. To fill this position every Sunday for the rest of the year, we need a few more volunteers. Scheduling is flexible with minimal time involved, and orientation is provided. The only requirement is wanting our church to be warm and welcoming on Sunday mornings! Check your interest on the back of the connection card in March.

PowerPoint presenters are needed for 10:45am worship. Training provided! If you’re interested and/or able to help, please contact Peteria at peteria.cohcranroutt@wblumc.org

New! Men’s Yogadevotion intro classes

Are you hesitant to join a yoga class because you’re not flexible and don’t know what to expect? Tired of hearing how good yoga is for you but not sure if it’s really for you? Still, maybe you’d like to feel better in your body, find some inner peace, connect with your spiritual nature — or even improve your golf game! Whatever your reason, Yogadevotion will offer three entry-level classes for men to explore the benefits of yoga on **Thursdays, April 25-May 9**, 6-7pm at WBLUMC. Cost is \$25. To register or ask questions, email Cindy Senarighi at cindy@yogadevotion.com

Sunday, March 17

9-10am—Worship; Sunday School & nursery
10-10:45am—Coffee, tea, and treats in Fellowship Hall; prayer room is open
10:45-11:30am—Worship; Children’s Church & nursery

Monday, March 18

10-11am—Hang Loose Women’s Al-Anon, room 206
6:30-8pm—From Bethany to the Sea of Tiberias, room 200
7-8:30pm—Hearts and Hands knitters, library

Tuesday, March 19

10:30am-noon—Staff meeting, room 206
12:30-1:45pm—Faith in Action, library
6pm—YogaDevotion, Fellowship Hall
6pm—Worship Committee, library
6-8pm—Board of Directors, room 200

Wednesday, March 20

6-7:15pm—Alleluia Ringers, sanctuary
6:30-7:30pm—Children’s activities & Youth mentor night
7:30-9pm—Chancel Choir rehearsal

Thursday, March 21

7:10am—Men’s Breakfast Group, library
10am—Pages of Wisdom AA, room 107
10:30am—Lenten devotion group, room 206

Friday, March 22

No scheduled activities; office closed

Saturday, March 23

7:30am—Men’s Prayer Group, room 107
10am—WBL Sat. Morning Women’s Group, 200/206

Sunday, March 24

9-10am—Worship; Sunday School & nursery
10-10:45am—Coffee, tea, and treats in Fellowship Hall; prayer room is open
10:45-11:30am—Worship; Children’s Church & nursery

WHITE BEAR LAKE
UNITED METHODIST CHURCH

Our mission is to make disciples of Jesus Christ for the transformation of the world.

Our vision is to provide nourishment for the hungers of life.

REGULAR CHURCH OFFICE HOURS

Sunday:	9am to 12pm
Monday-Thursday	9am to 3pm
Friday and Saturday	CLOSED

SUNDAY BULLETIN/WEEKLY E-BLAST

Have a church-related event you’d like to appear in the Sunday bulletin or the weekly e-blast? Please email all pertinent information, including contact information, to office@wblumc.org no later than **1pm Tuesday** for the bulletin and **10am Wednesday** for the e-blast. *All information is subject to staff approval.* Thank you!

To receive the weekly email update — sent every Thursday — call the office at 651-429-9026, email your request to office@wblumc.org or indicate it on a connection card.

Visit wblumc.org for sermon podcasts, PDFs of the 9am bulletins, the church calendar and programming info.

WBLUMC STAFF

Bill Eaves , Senior Pastor bill.eaves@wblumc.org , 763-355-7825 mobile	John Koziol, Jr. Director of Music
John McBride , Associate Pastor	Gerald Gurs , Chancel Choir Director
Missie Aberle , Next Generation Minister	Patricia Kytola , Director of Operations
Lori McBride , Missions & Faith Development Minister	Lauri Hopple , Administrative Assistant
Joan Hartman , Director of Children & Family Ministries	Lori Hughes , Website & Social Media
Peteria Cochran Routt , Director of Traditional Music	Carol Houghtby , Treasurer
	Carolyn Keith , Financial Secretary
	Ron Houde , Housekeeper



Fear is the prison of the heart, often paralyzing our lives. Let’s draw back the curtain on some of the frightful things we deal with: Intimacy, change, the unknown, failure, losing control, death. Some may be terrifying, others merely intimidating. Our spiritual lives offer us resources to face them and to discover the great truth that perfect love casts out fear.

March 17 | Fear of Intimacy
with guest vocalists the McStauffer Brothers

March 24 | Fear of Change

March 31 | Fear of The Unknown
Lenten hymn festival!

April 7 | Fear of Failure

April 14 Palm Sunday | Fear of Losing Control
featuring the music of Godspell & Jesus Christ Superstar

April 21 Easter | The Fear of Death
and the Invitation to Life

2019 Holy Week

April 14 Palm Sunday
and UMW pancake breakfast

April 18 Maundy Thursday
Community supper 5:30pm; worship 6:30pm

April 19 Good Friday
Service of Tenebrae at 6:30pm

April 21 Easter Sunday
*Traditional worship at 8:30am & 9:45am
Contemporary worship at 11am*

Resources for your Lenten journey

WBLUMC exists to provide nourishment for the hungers of life. Here are some digital resources for feeding our hungers when we’re away from church:

Upperroom.org is a United Methodist resource that offers a daily devotion, other reflections, and Sight Psalms (daily photo inspirations to help you reflect on God’s presence in the world and in your life).

Pray-as-You-Go is a free app for your phone that provides you with a 10-minute daily reflection on scripture, with music from diverse Christian communities around the world, presented by the English Jesuits, a Catholic religious order.

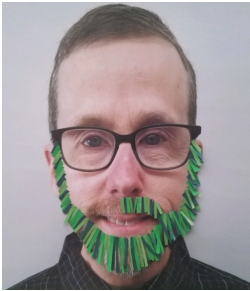
Our Bible app provides devotional readings from a diverse and inclusive group of writers, aimed at “uplifting believers of all stripes.” The app is free; content can also be found at online at ourbibleapp.com.

We Croak provides five daily reminders that this life is temporary and invites us to make the most of it. Each time the reminder comes, you are invited to take a moment of contemplation and recover your perspective on your day and your life. Look for it in the app store; it costs 99 cents.

Children & Youth

Today's the day!

We met our goal of 600 cups or \$600 for Kid Packs at White Bear Area Emergency Food Shelf! Thank you for helping to feed the kids in our neighboring schools — check out Pastor Bill's green beard!



Youth singers

Middle and high school youth are invited to sing for Youth Sunday on April 28! **RSVP by March 31** to Lisa Draves by emailing her at lisa.draves@wblumc.org. Practices — and pizza! — will be 5:45-6:30pm on Wednesdays, April 3, 10 and 24.

Seeking Nominations for our Board of Directors

Each year some members of our Board of Directors end their term, and two or three new members join. This transition takes place July 1 each year, following the same schedule as other church committees and boards. Members of the congregation are invited to nominate people for the Board of Directors on the back of the green Connection Cards during the month of March. All names will be forwarded to the Nominating Committee for consideration; a slate of nominees for open positions will then be presented to the Church Conference for a vote.

Learn more about the Board of Directors online at wblumc.org/about/board-of-directors.

Kittleson family fund-raiser

Greetings church family, this is Dawn Kittleson. You've heard me talk about NPH (Nuestros Pequeños Hermanos), the nonprofit organization that supports disadvantaged and orphaned children of Latin America and the Caribbean. I'm excited to share this upcoming event at Green Mill in Roseville on **Tuesday, March 26**. Twenty percent of all sales will go to NPH USA to help us meet our fundraising goal for our 13th annual Cinco de Mayo 5k! This year we're directing all proceeds towards our special needs home in Guatemala. Thank you.

WBLUMC ribbon cutting Tuesday

Help celebrate our new membership in the White Bear Chamber of Commerce. Join us at 3:30pm on **Tuesday, March 19**, to meet business owners and other leaders in our community at a ribbon-cutting ceremony that will be an inspirational celebration, with refreshments to follow.

Lydia Project purple scarves

If you've made a scarf for the United Methodist General Conference, please turn it in by **Sunday, March 31**. Place them in the box labeled "Lydia Project" in the closet near the office; please include your name. Contact Julie Rindelaub with questions at 651-343-4725.

Resources for senior citizens

For information on help with senior housing, support groups, Medicare and more, pick up a resource packet prepared by the Congregational Care Team from the CCT mailbox in the church office.

Last day to order!

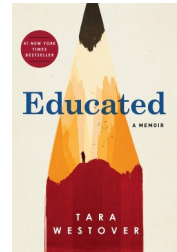
Order Easter lilies, calla lilies, azaleas, hydrangeas, mums and hyacinths to decorate the sanctuary for Easter Sunday worship, please pick up your order form from the Welcome Table in the narthex. **Deadline is today, March 17**, for orders and payment. Please remember to write "Easter flowers" in your check's memo line. You may take your flowers home after the 11am Easter service on Sunday, April 21. Thank you!



March book club

Join us **Monday, March 25**, at 7-8:15pm in the library to discuss the book *Educated: A Memoir* by Tara Westover. All are welcome!

April's selection: *A Place for Us* by Fatima Mirza.



All-Church Mission Day

Save the date! Saturday, March 30

Sign up in the narthex for UMW's All-church Mission Day projects. You may also donate items below (*new items only, please!*) by placing them in the bins on the north wall of Fellowship Hall. Thank you!

Donation items needed for Mission Day

BRIDGING: Kitchen Pack Items

Can opener, vegetable peeler, measuring spoons, mixing spoon(s), metal tongs, spatula, ladle, whisk, dish scrubber, dish towel and dish cloth

MIDWEST MISSION DISTRIBUTION CENTER:

Dignity Kit Items

1 bath hand towel, no kitchen towels; 1 bath washcloth, no kitchen towels; 1 sturdy comb, no rattail or picks; 1 razor with guard; 1 nail clipper, no nail files or emery board; 1 adult toothbrush, no multipacks; 1 tube toothpaste, 2.5-ounce or larger; 1 bar soap, 3-4 ounces; 1 shampoo, 3-4 ounces; 1 deodorant, 2-3 ounces, stick or roll-on

COMMON HOPE & PEARLS IN HAITI:

Girls Confidence Kit Items

Wash cloths (any color ok); underwear for girls, assorted sizes 8-16; underwear for women, assorted sizes 6-9

COMMON HOPE: Guesthouse Supplies

Bathmats (*any shade of blue, dark navy or gray preferred*)

Body towels, hand towels and washcloths (*any shade of blue, dark navy or gray preferred*)

Sets of sheets for twin and full beds (*white preferred*)

COMMON HOPE: Books in Spanish

Books for toddlers and early readers are needed **or** make a \$5 donation to purchase books in Guatemala.

SLEEP IN HEAVENLY PEACE

Cash donations are needed to purchase wood and other construction supplies to make beds. Each bed costs approximately \$350 to finish, including purchase of a mattress.

