

Practicing the music

“Addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart.” Eph. 5:19

It is remarkable to acknowledge the circumstances that yield change for us. Change can be birthed from the sweetest acclaim of success or the depths of despair. Our change can be birthed over a slow evolution of time almost unnoticed by ourselves or birthed in a swirl so pun- gently strong we hardly recognize our very life. The song of life is a slow, steady change marked by one deter- mined inner trust, one prayer at a time and one foot in front of the other. In essence, we are tweaking our song of life and sometimes distancing ourselves from the des- pair that marked us.

Life is hardly a song. Spiritually speaking, the Healer of wounds is in fact a wounded healer. Jesus’ life is marked by numerous resurrections over adversity even before the resurrection we recognize as Easter. However, bibli- cal texts urge us to hear the song of the psalmist shep- herd, “He restores my soul.” A way to see adversity and God as the Creator of an eternal soothing song is trans- parent in this experience from the life of Paderewski.

“Ignace Paderewski, the famous composer-pianist, was scheduled to perform in a great concert hall in America. It was an evening to remember---black tuxedos and long dresses, a high society extravaganza. Present in the audi- ence that evening was a mother with her fidgety nine year old son. Weary of watching, he squirmed constantly in his seat. His mother was in hopes that her boy would be encouraged to practice the piano if he could just hear the immortal Paderewski at the keyboard. So, against his wishes he had come.

As she turned to speak to friends, her son could stay

seated no longer. He slipped away, strangely drawn to the ebony concert grand Steinway and its leather tufted stool, staring wide eyed at the black and white keys. He placed his small, trembling fingers in the right location and began to play “chopsticks.” The roar of crowd was hushed as hundreds of frowning faces turned in his direc- tion. Irritated they began to shout: “Get that boy away from there.” “Where’s his mother?” And more.

Backstage, the master overheard the sounds out front and quickly put together in his mind what was happen- ing. Hurriedly he grabbed his coat and rushed toward the stage. Without one word of announcement or hesitation he stooped over behind the boy, reached around both sides and began to improvise a counter melody to har- monize and enhance “chopsticks.” As the two played together, Paderewski kept whispering in the boy’s ear: “Keep going. Don’t quit, son. Keep playing ... don’t stop ... don’t quit.”

And so it is with us. We hammer away on whatever pro- ject or problem confronts us, as bold and brazen to us as “chopsticks” in a concert hall. And about the time we are about to give up, along comes the Master, who leans over and whispers: “Now keep going, don’t quit. Keep playing...don’t stop...Don’t quit.”

So it is with us. It is significant to make a whole hearted melody to the Lord. A “life song,” if you will, sometimes including our bewilderment at the next note, the time of a rest or what is the exact tempo. We are always in accompaniment with the Master who affirms what we sincerely play. Amen. — J.Jacot

Prayer at WBLUMC: One of the ways our church helps to nourish and support the hungers of life is through prayer. If you have a special need or celebration that could use extra care, we invite you to partake in one of these prayer avenues. If your spirit has the need to support others through prayer, we invite you to join in one of the teams. **The Prayer Team:** If you would like to request a pray- er of this team, please write it on a prayer request card, or contact Julie Jacot at 651-777-3728, ljjacot@q.com. **The Email Prayer Chain** accepts email requests via a call or email to a pastor or the email prayer chain lead, Ronda Nelson, at rondalauva2@msn.com. **The Phone Prayer Chain** is organized through the UMW. Call Eva Shipley if you would like to request a prayer at 651-429-3570.

STAFF		
Bill Eaves , Senior Pastor bill.eaves@wblumc.org, 763-355-7825 mobile	Joan Hartman , Director of Children & Family Ministries	Patricia Kytola , Director of Operations
Brooke Heerwald Steiner , Associate Pastor	Amy McGrew , Director of Youth Ministries	Lauri Hopple , Administrative Assistant
John McBride , Associate Pastor	Peteria Cochran Routt , Director of Traditional Music	Lori Hughes , Website & Social Media
	John Koziol, Jr. Director of Music	Tom Leiser , Treasurer
	Matthew Goinz , Chancel Choir Director	Harry Jones , Financial Secretary
		Ron Houde , Housekeeper

White Bear Lake

UNITED METHODIST CHURCH

NOURISHING THE HUNGERS OF LIFE

9am Worship Sunday, Oct 22, 2017

HEARING ASSISTANCE AVAILABLE; PLEASE SEE USHERS • PLEASE STAND AS YOU ARE ABLE

WORDS FOR MEDITATION

“When we are no longer able to change a situation, we are challenged to change ourselves.” ~ Viktor Frankl

PRELUDE

WELCOME

CALL TO WORSHIP “Arise, Shine; For Your Light has Come” Hal Hopson
Choral Scholars: Ingrid Haugen, soprano; Tara Priolo, alto

+OPENING WORDS (responsively)

God our Father and Mother,
We come with songs aching to be sung, with words aching to be spoken,
With questions aching to be answered, with hearts aching for love.
We come with wounds aching to be healed, with emptiness aching to be filled,
With joy aching to overflow, with arms aching for embracing.

Let your love soak into the spirit and skin like soothing salve,
Leaving a tingle where there was once an ache,
So that all may say we have met with God today,
And everyone was touched and no one was turned away.

+OPENING HYMN “Fairest Lord Jesus” No. 189

UNISON PRAYER

Tree of Life,
You shelter the birds who build their nests, and you feed them with sap, and berries, and seeds.
You give nuts to the squirrel and a hiding place to the hedgehog. In you, all your creatures
find a home. You shelter human pilgrims as well, offering shade in the heat and a place of rest
to sustain us on our journey. Awaken us to the myriad of ways you care and protect us,
even in our times of struggle and exhaustion. Amen.

Sunday, Oct. 22

9-10am—Worship; Sunday school and nursery
9-10am—Adult Faith: Be Still class, room 200
10am—Coffee, tea and treats, Fellowship Hall
Individual prayer, prayer room
10:10am—2nd service Sunday school meeting, 206
10:45-11:30am—Worship; nursery

Monday, Oct. 23

10am—Hang Loose Women’s Al-Anon, room 206
3:30-5pm—Bell Trio rehearsal, sanctuary
7-8:15pm—Book Club, library

Tuesday, Oct. 24

12:30-2pm—PEO planning meeting, room 200
2-3:30pm—Tuesdays at 2, room 200
6pm—YogaDevotion, Fellowship Hall

Wednesday, Oct. 25

9am-1pm—PEO women’s group, room 200
6-6:30pm—Children’s Choir, room 205
6-7:15pm—Alleluia Ringers, sanctuary
6:30pm—Children’s & Youth activities
7:30-9pm—Chancel Choir rehearsal

Thursday, Oct. 26

7:10am—Men’s Breakfast Group, library
9am-3pm—The Gathering, room 200
10am—Pages of Wisdom, room 107
10-11:30am—Memory loss support group, library
10:30am—Open the Door class, prayer room
4:30-7:30pm—Oliver Walkingstick visitation/funeral
7-8:30pm—BeFrienders meeting, room 200

Saturday, Oct. 28

7:30am—Men’s Prayer Group, room 107
9am-noon—Fall Cleanup Day, outside
10am—Women’s Breakfast group, room 200

Sunday, Oct. 29

9-10am—Worship; Sunday school and nursery
9-10am—Adult Faith: Be Still class, room 200
10am—Coffee, tea and treats, Fellowship Hall
Individual prayer, prayer room
10:45-11:30am—Worship; nursery
11:30am-1:30pm—New member class, room 200
2-6pm—Bread Class with Bryce & Ross

Autumn urn welcome

Gail Stucky and the John Stucky Memorial have generously given the bursts of orange, yellow and red representing harvest in our outdoor displays. It is a gift we receive gratefully. Gail would also like to thank Julie Jacot for her tender care of pots and prayers for this church and its congregation.

WHITE BEAR LAKE
UNITED METHODIST CHURCH

Visit wblumc.org for weekly sermon podcasts, the church calendar and programming details.

CHURCH OFFICE HOURS

Sunday:	9am to 12pm
Monday:	9am to 3pm
Tuesday:	9am to 3pm
Wednesday:	9am to 3pm
Thursday:	9am to 3pm
Friday:	9am to 12pm
Saturday:	CLOSED

SUNDAY BULLETIN

Please email information to office@wblumc.org by **noon on Tuesdays**. Most events require a two-week lead time, but the earlier you get us the information, the more time we have to get the word out.

WEEKLY E-BLAST

To receive our weekly email update, call 651-429-9026 or email office@wblumc.org. Please submit church-related events or announcements by **3pm Wednesdays**. All e-blast and bulletin information is subject to staff approval.

LIFESOURCE

If you’re part of a group or ministry that plans to hold a church event this December 2017 through March 2018, we want to help you spread the word. Photos from repeating events would be great! Please email info and photos to Lauri at office@wblumc.org.
NEXT DEADLINE: Tuesday, Nov. 21.

It's already time to order!



Christmas poinsettias

White and red poinsettias are now available to order for the Advent Season. Pick up a bright pink order form on the Welcome Table and get your request and payment in by **Sunday, Nov. 5**. (For display in the church, white is preferred.)

Lessons and Carols

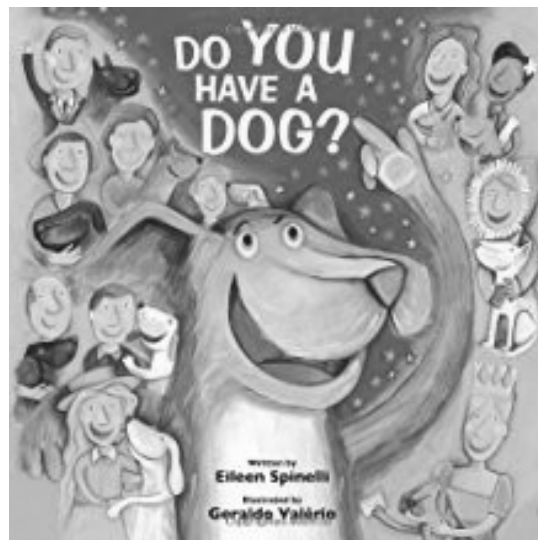
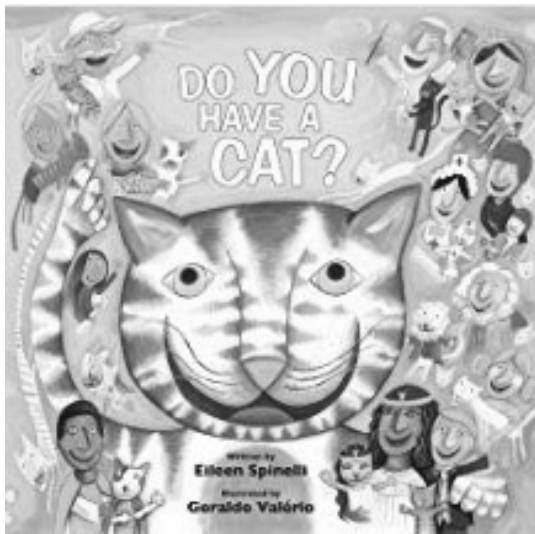
Our annual musical Advent-season tradition will be back on **Sunday, Dec. 17**, at both the 9am and 10:45am services. Nationally known folk singer and songwriter **Peter Mayer** will perform music focused on Advent, Solstice and New Year. *This is a free community event, please bring a guest!*

Christmas Eve worship

We’ll have four services on **Sunday, Dec. 24**. Stay tuned for more details!

10am: Worship unplugged
3pm: Family worship
5pm: Band-led worship
10pm: Choir and candlelight worship

KIDS! (GROWNUPS TOO!)
Do you have a dog? Do you have a cat?



October is DOG AND CAT MONTH in the church library!

All month, there will be new books and movies about favorite dogs and cats. And be sure to check out the library's Pet Parade, featuring pictures that WBLUMC members sent in of their pets.

Parents & grandparents

Interested in 10:45am Sunday School for ages 4 years-3rd grade? Meet **today at 10:10am** in room 206 or on **Wednesday, Nov. 15**, at 6:45pm in room 106.

New member class

Interested in joining WBLUMC? Come to class and lunch on **Sunday, Oct. 29**, 11:30am to 1:30pm, in room 200. To sign up, email jeremy@steinermn.com.

Next fall cleanup

We need volunteers to help get the grounds ready for winter on **Saturday, Oct. 28**, 9am-noon. Contact Curt Jenkins, board of trustees chair, or Patricia Kytola, director of operations, with questions or to sign up.

Silver Harmony Singers

The Silver Harmony Singers will present their annual White Bear Food Shelf Benefit program at 11am on **Saturday, Oct. 28**, at Parkview Church, 3737 Bellaire Ave., White Bear Lake. Members from this church singing are Ruth Sass and Paul Rodecap with pianist Leilani Lewis. Last year we raised \$4,000 and collected over 400 pounds of food. Let's hope for a bountiful harvest for/ from everyone!

**Everybody Grieves:
Adult grief education**

HealthEast Hospice Bereavement Coordinator Gina Germain-McGovern will speak about how to help adults better understand and cope with their own grief after the death of a loved one and how to support others who are grieving a loss. Education will include basic characteristics of grief, common grief reactions and ways to cope with the stress of grieving — including ideas for managing the holidays. This event, sponsored by BeFriendsers, is free and open to all. Join us at 7pm **Thursday, Nov. 9**, in room 200. Contact Roberta Schmidt at 651-653-0067 with questions.

November Baking With a Purpose

Each month we have a chance to help address hunger in our community through your donations to Baking With A Purpose. All November donations will go to the White Bear Area Emergency Food Shelf.

November selections will be **New York deli-style rye** and **holiday pumpkin bread**. Look for sign up sheets in the narthex soon or order online. Pick-up will be noon-1pm on **Saturday, Nov. 4**, or between services on **Sunday, Nov. 5**.

Update: Through bread sales we raised \$5,721 for UMCOR hurricane relief. Thank you!



Holiday programs

To schedule an appointment, call our holiday line at 651-407-5381 or email events@whitebearfoodshelf.org

Thanksgiving Food Distribution

Monday, Nov. 20, 10am-6pm: Shop for your turkey and all the fixings for a healthy Thanksgiving meal. Appointment required; registration opens Nov. 1.

Holiday Baking Bag, Dec. 1-31

Schedule a regular shopping appointment in the month of December and receive and extra meat item and a holiday baking bag.

To contribute to the Baking Bag program:

Collect and assemble bags with **one each** of the following: Flour, sugar, oil, baking powder, powdered or brown sugar, cinnamon or nutmeg. Place your Baking Bags in the white bin in Fellowship Hall and a volunteer will bring them to the food shelf for distribution. The food shelf also has an urgent need for volunteers to sort donations and stock shelves! Contact Lee Bailey-Seiler at lee@whitebearfoodshelf.org.

Book club updates

All who love books and reading are welcome to join us for any or all book club meetings. Our next meeting is **Monday, Oct. 23**, 7-8:15pm in the library, to discuss the novel *The Girl in the Tangerine Scarf* by Mohja Kahf.



November's new double selection:

***Hidden Figures* by Margot Lee Shetterly. 2015. 368p.**

Before John Glenn orbited the earth, or Neil Armstrong walked on the moon, a group of dedicated female mathematicians known as "human computers" used pencils, slide rules and adding machines to calculate the numbers that would launch rockets and astronauts into space. Among these problem-solvers were a group of exceptionally talented African American women, some of the brightest minds of their generation.

***Hidden Human Computers* by Sue Bradford Edwards & Duchess Harris. 2016. 112p.**

"*Hidden Human Computers* goes beyond the three black women focused on in the book and movie *Hidden Figures* and offers in-depth biographical information about a range of women who worked at NASA at its inception, offering context for their own interest in science and mathematics beyond their function at NASA." — *Alexis Pauline Gumbs [via African American Intellectual History Society]*