

Practicing the music

“Addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart.” Eph. 5:19

It is remarkable to acknowledge the circumstances that yield change for us. Change can be birthed from the sweetest acclaim of success or the depths of despair. Our change can be birthed over a slow evolution of time almost unnoticed by ourselves or birthed in a swirl so pun- gently strong we hardly recognize our very life. The song of life is a slow, steady change marked by one deter- mined inner trust, one prayer at a time and one foot in front of the other. In essence, we are tweaking our song of life and sometimes distancing ourselves from the des- pair that marked us.

Life is hardly a song. Spiritually speaking, the Healer of wounds is in fact a wounded healer. Jesus’ life is marked by numerous resurrections over adversity even before the resurrection we recognize as Easter. However, bibli- cal texts urge us to hear the song of the psalmist shep- herd, “He restores my soul.” A way to see adversity and God as the Creator of an eternal soothing song is trans- parent in this experience from the life of Paderewski.

“Ignace Paderewski, the famous composer-pianist, was scheduled to perform in a great concert hall in America. It was an evening to remember — black tuxedos and long dresses, a high society extravaganza. Present in the audience that evening was a mother with her fidgety nine year old son. Weary of watching, he squirmed con- stantly in his seat. His mother was in hopes that her boy would be encouraged to practice the piano if he could just hear the immortal Paderewski at the keyboard. So, against his wishes he had come.

As she turned to speak to friends, her son could stay

seated no longer. He slipped away, strangely drawn to the ebony concert grand Steinway and its leather tufted stool, staring wide eyed at the black and white keys. He placed his small, trembling fingers in the right location and began to play “chopsticks.” The roar of crowd was hushed as hundreds of frowning faces turned in his direc- tion. Irritated they began to shout: “Get that boy away from there.” “Where’s his mother?” And more.

Backstage, the master overheard the sounds out front and quickly put together in his mind what was happen- ing. Hurriedly he grabbed his coat and rushed toward the stage. Without one word of announcement or hesitation he stooped over behind the boy, reached around both sides and began to improvise a counter melody to har- monize and enhance “chopsticks.” As the two played together, Paderewski kept whispering in the boy’s ear: “Keep going. Don’t quit, son. Keep playing ... don’t stop ... don’t quit.”

And so it is with us. We hammer away on whatever pro- ject or problem confronts us, as bold and brazen to us as “chopsticks” in a concert hall. And about the time we are about to give up, along comes the Master, who leans over and whispers: “Now keep going, don’t quit. Keep playing...don’t stop...Don’t quit.”

So it is with us. It is significant to make a whole hearted melody to the Lord. A “life song,” if you will, sometimes including our bewilderment at the next note, the time of a rest or what is the exact tempo. We are always in accompaniment with the Master who affirms what we sincerely play. Amen. — J.Jacot

Prayer at WBLUMC: One of the ways our church helps to nourish and support the hungers of life is through prayer. If you have a special need or celebration that could use extra care, we invite you to partake in one of these prayer avenues. If your spirit has the need to support others through prayer, we invite you to join in one of the teams. **The Prayer Team:** If you would like to request a pray- er of this team, please write it on a prayer request card, or contact Julie Jacot at 651-777-3728, ljjacot@q.com. **The Email Prayer Chain** accepts email requests via a call or email to a pastor or the email prayer chain lead, Ronda Nelson, at rondalauva2@msn.com. **The Phone Prayer Chain** is organized through the UMW. Call Eva Shipley if you would like to request a prayer at 651-429-3570.

STAFF		
Bill Eaves , Senior Pastor bill.eaves@wblumc.org, 763-355-7825 mobile	Joan Hartman , Director of Children & Family Ministries	Patricia Kytola , Director of Operations
Brooke Heerwald Steiner , Associate Pastor	Amy McGrew , Director of Youth Ministries	Lauri Hopple , Administrative Assistant
John McBride , Associate Pastor	Peteria Cochran Routt , Director of Traditional Music	Lori Hughes , Website & Social Media
	John Koziol, Jr. Director of Music	Tom Leiser , Treasurer
	Matthew Goinz , Chancel Choir Director	Harry Jones , Financial Secretary
		Ron Houde , Housekeeper

White Bear Lake

UNITED METHODIST CHURCH

NOURISHING THE HUNGERS OF LIFE

9am Worship Sunday, Oct 29, 2017

HEARING ASSISTANCE AVAILABLE; PLEASE SEE USHERS • PLEASE STAND AS YOU ARE ABLE

WORDS FOR MEDITATION

“I thought resilience was the capacity to endure pain, so I asked Adam how I could figure out how much I had. He explained that our amount of resilience isn’t fixed, so I should be asking instead how I could become resilient. Resilience is the strength and speed of our response to adversity — and we can build it. It isn’t about having a backbone.

It’s about strengthening the muscles around our backbone.”
~ Sheryl Sandberg

PRELUDE

“I Get By with a Little Help from My Friends”
Trish Sisson and John Koziol

WELCOME

CALL TO WORSHIP

“Arise, Shine; For Your Light has Come”
Carrie Sinclair, Assistant Chancel Choir Director Ingrid Haugen, solo

Hal Hopson

+OPENING WORDS (responsively)

In the midst of hunger and war

We celebrate the promise of plenty and peace.

In the midst of oppression and tyranny

We celebrate the promise of service and freedom.

In the midst of doubt and despair

We celebrate the power of faith and hope.

In the midst of fear and betrayal

We celebrate the promise of joy and loyalty.

In the midst of hatred and death

We celebrate the promise of love and life.

In the midst of our trials and struggles

We celebrate the promise of community and renewal.



White Bear Lake
UNITED
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CHURCH

1851 BIRCH STREET, WBL, MN 55110 | 651-429-9026 | WBLUMC.ORG

+OPENING HYMN	“The Church is One Foundation” Stanzas 1,2, 4 & 5	No. 545
UNISON PRAYER		
O God, lead us from death to life, from falsehood to truth. Lead us from despair to hope, from fear to trust. Lead us from hate to love, from war to peace. Bond us together through the easy and the difficult; tie us together in community and relationship that we may weather the ups and downs of life together. Let peace fill our hearts from sunup to sundown. Amen.		
ANTHEM	Children’s Choir	
CHILDREN'S MESSAGE		
<i>After the message, children and youth through 8th grade are invited to leave for Sunday school.</i>		
MORNING PRAYER		
THE LORD'S PRAYER		
Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.		
SCRIPTURE	Mark 4:30-32	Reader: Chris Hughes
He also said, “With what can we compare the kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade.”		
RESPONSE TO THE WORD		
<i>Leader:</i> For the word of God in Scripture, for the word of God among us, for the word of God within us. All: Thanks be to God.		
MESSAGE	Option B: Building Resilience Together Pastor Brooke Heerwald Steiner	
+HYMN	“The Gift of Love”	No. 408

CONNECTION CARDS		
<i>Please take time now to fill out your green connection cards. After the prayer of dedication, place them in the offering plates.</i>		
PRAYER OF DEDICATION		
OFFERING	“Grant that We May Lie Down In Peace” Choral Scholar Ingrid Haugen, soprano	
ANNOUNCEMENTS		
+HYMN	“The Spirit Sends Us Forth to Serve”	No. 2241
+BENEDICTION		
+POSTLUDE	“An Irish Blessing”	Lori Line

Altar flowers: This week’s flowers are in celebration of the 59th wedding anniversary of Joan and Jerry Shull.

In memoriam: The white rose on the altar is in remembrance of longtime WBLUMC member Bob Youngquist, who died on Tuesday, Oct. 24, 2017. He is survived by daughter and WBLUMC member Mary Merth and son John. His service will be at the church on Monday, Oct. 30, at 11am, with lunch to follow. Visitation will be 3-5pm Sunday, Oct. 29, at Bradshaw in Stillwater and 10am Monday at the church.

November Sermon Series

Stuff: What the Bible Says About Material Things

We all have material possessions. The truth is we have more of them than any generation before us. Self-storage companies have become a \$27 billion a year industry. How do we handle all of our “stuff” without letting it take control of us? This is the spiritual question that we will look at over three Sundays, coinciding with our annual stewardship campaign.

- Nov. 5 — Treasures in Heaven
- Nov. 12 — How to Give
- Nov. 19 — Living From a Thankful Heart

Sunday, Oct. 29

9-10am—Worship; Sunday school and nursery
9-10am—Adult Faith: Be Still class, room 200
10am—Coffee, tea and treats, Fellowship Hall
Individual prayer, prayer room
10:45-11:30am—Worship; nursery
11:30am-1:30pm—New member class, room 200
2-6pm—Bread Class with Bryce & Ross

Monday, Oct. 30

10am—Hang Loose Women’s Al-Anon, room 206
3:30-5pm—Bell Trio rehearsal, sanctuary

Tuesday, Oct. 31

2-3:30pm—Tuesdays at 2, room 200

Wednesday, Nov. 1

6-6:30pm—Children’s Choir, room 205
6-7:15pm—Alleluia Ringers, sanctuary
6:30pm—Children’s & Youth activities
7:30-9pm—Chancel Choir rehearsal

Thursday, Nov. 2

7:10am—Men’s Breakfast Group, library
10am—Pages of Wisdom, room 107
10:30am—Open the Door class, library
11:30am-1pm—Up All Night meeting, room 200

Saturday, Nov. 3

7:30am—Men’s Prayer Group, room 107
10am—Women’s Breakfast group, room 200
12-1pm—Baking With A Purpose bread pickup

Sunday, Nov. 4

9-10am—Worship; Sunday school and nursery
9-10am—Adult Faith: Be Still class, room 200
10am—Coffee, tea and treats, Fellowship Hall
Individual prayer, prayer room
10:45-11:30am—Worship; nursery

WHITE BEAR LAKE
UNITED METHODIST CHURCH

Visit wblumc.org for weekly sermon podcasts, the church calendar and programming details.

CHURCH OFFICE HOURS

Sunday: 9am to 12pm
Monday: 9am to 3pm
Tuesday: 9am to 3pm
Wednesday: 9am to 3pm
Thursday: 9am to 3pm
Friday: 9am to 12pm
Saturday: CLOSED

SUNDAY BULLETIN

Please email information to office@wblumc.org by **noon on Tuesdays**. Most events require a two-week lead time, but the earlier you get us the information, the more time we have to get the word out.

WEEKLY E-BLAST

To receive our weekly email update, call 651-429-9026 or email office@wblumc.org. Please submit church-related events or announcements by **3pm Wednesdays**. All e-blast and bulletin information is subject to staff approval.

LIFESOURCE

If you’re part of a group or ministry that plans to hold a church event this December 2017 through March 2018, we want to help you spread the word. Photos from repeating events would be great! Please email info and photos to Lauri at office@wblumc.org.
NEXT DEADLINE: Tuesday, Nov. 21.

It's already time to order!



Christmas poinsettias

White and red poinsettias are now available to order for the Advent Season. Pick up a bright pink order form on the Welcome Table and get your request and payment in by **Sunday, Nov. 5**. (For display in the church, white is preferred.)

Lessons and Carols

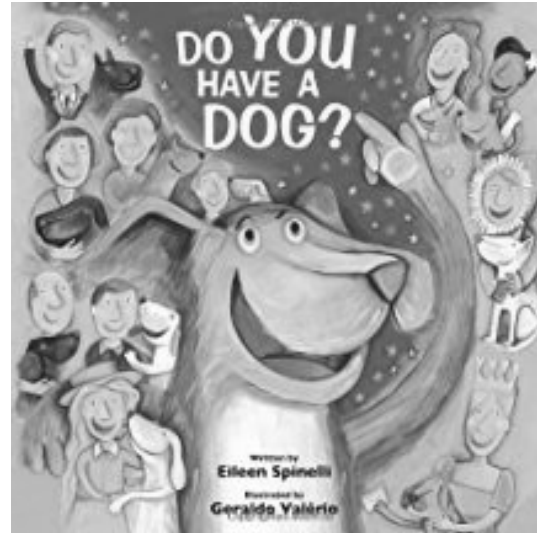
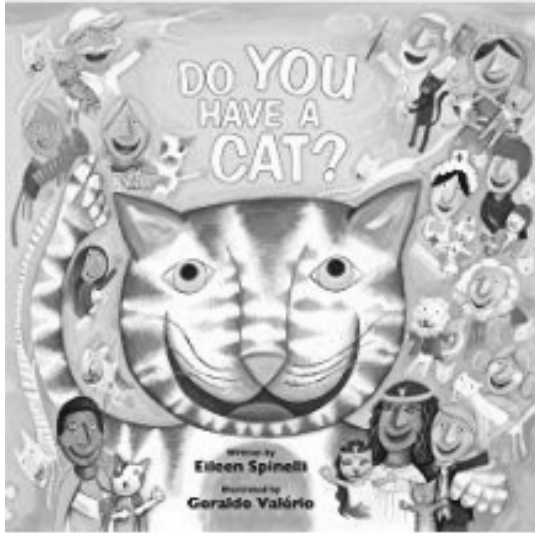
Our annual musical Advent-season tradition will be back on **Sunday, Dec. 17**, at both the 9am and 10:45am services. Nationally known folk singer and songwriter **Peter Mayer** will perform music focused on Advent, Solstice and New Year. *This is a free community event, please bring a guest!*

Christmas Eve worship

We’ll have four services on **Sunday, Dec. 24**. Stay tuned for more details!

10am: Worship unplugged
3pm: Family worship
5pm: Band-led worship
10pm: Choir and candlelight worship

KIDS! (GROWNUPS TOO!) Do you have a dog? Do you have a cat?



October is DOG AND CAT MONTH in the church library!

All month, there will be new books and movies about favorite dogs and cats. And be sure to check out the library's Pet Parade, featuring pictures that WBLUMC members sent in of their pets.

Thank you!

The United Methodist Women wish to thank everyone who gave of their time and talent to make the 2017 Harvest Market a success! Thanks to all the area chairs and special thanks to Sherrie Bloodgood for single-handedly chairing the event this year. And thanks to all who came out on Saturday to shop.

UMW raised almost \$5000, which will be used directly toward area missions, including Emma Norton Services, WBL Area Food Shelf, and more.

Everybody Grieves: Adult grief education

HealthEast Hospice Bereavement Coordinator Gina Germain-McGovern will speak about how to help adults better understand and cope with their own grief after the death of a loved one and how to support others who are grieving a loss. Education will include basic characteristics of grief, common grief reactions and ways to cope with the stress of grieving — including ideas for managing the holidays. This event, sponsored by BeFriendsers, is free and open to all. Join us at 7pm **Thursday, Nov. 9**, in room 200. Contact Roberta Schmidt at 651-653-0067 with questions.

Parents & grandparents

Interested in 10:45am Sunday School for ages 4 years through third grade? Be sure to meet with Joan on **Wednesday, Nov. 15**, at 6:45pm in room 106.

Seeking Read5000 volunteers

The Willow Lane Elementary Book Fair will be on **Friday, Nov. 17**, from 10am-noon and 1-3pm. You can help kids pick out their books and enjoy their excitement and smiles. Especially if you're a Reading Buddy, please consider joining us. If you're interested, contact Tammey Busch, Eva Shipley or Judy Slomkowski. Come meet the kids!

November Baking With a Purpose

Each month we have a chance to help address hunger in our community through your donations to Baking With A Purpose. All November donations will go to the White Bear Area Emergency Food Shelf.

November selections will be **New York deli-style rye** and **holiday pumpkin bread**. Look for sign up sheets in the narthex soon or order online. Pick-up will be noon-1pm on **Saturday, Nov. 4**, or between services on **Sunday, Nov. 5**.



Holiday programs

To schedule an appointment, call our holiday line at 651-407-5381 or email events@whitebearfoodshelf.org

Thanksgiving Food Distribution

Monday, Nov. 20, 10am-6pm: Shop for your turkey and all the fixings for a healthy Thanksgiving meal. Appointment required; registration opens Nov. 1.

Holiday Baking Bag, Dec. 1-31

Schedule a regular shopping appointment in December and receive an extra meat item and a holiday baking bag.

To contribute to the Baking Bag program:

Collect and assemble bags with **one each** of the following: Flour, sugar, oil, baking powder, powdered or brown sugar, cinnamon or nutmeg. Place your Baking Bags in the white bin in Fellowship Hall and a volunteer will bring them to the food shelf for distribution. The food shelf also has an urgent need for volunteers to sort donations and stock shelves! Contact Lee Bailey-Seiler at lee@whitebearfoodshelf.org.

Book club update

November's double selection:
***Hidden Figures* by Margot Lee Shetterly. 2015. 368p.**

Before John Glenn orbited the earth, or Neil Armstrong walked on the moon, a group of dedicated female mathematicians known as "human computers" used pencils, slide rules and adding machines to calculate the numbers that would launch rockets and astronauts into space. Among these problem-solvers were a group of exceptionally talented African American women, some of the brightest minds of their generation.



***Hidden Human Computers* by Sue Bradford Edwards & Duchess Harris. 2016. 112p.** "*Hidden Human Computers* goes beyond the three black women focused on in the book and movie *Hidden Figures* and offers in-depth biographical information about a range of women who worked at NASA at its inception, offering context for their own interest in science and mathematics beyond their function at NASA."

— Alexis Pauline Gumbs [via *African American Intellectual History Society*]

